

## **BEST PRACTICE -1**

### A. Objective of the Practice

To promote awareness about Healthy and Well being

### B. Context

Health is a state of complete mental, social and physical well-being, not merely the absence of disease or infirmity. Healthy citizens are the greatest asset any Society. Healthy Students are better learners. The College has organized a number of initiatives to promote and raise awareness about health and well being in the society and amongst students and staff.

### C. The Practice

The College has organized a number of events to promote awareness about health and well being. In these events Students, Staff and members of the public had participated. Some of these events are as follows:

#### **Blood donation camps**

1. One day blood donation camp was organized in the College Campus on 26/09/2016 in collaboration with Government Medical College Rajnandgaon. Students and Staff of our College, Agriculture College, ITI and Local dignitaries participated in the event. 76 Units of blood were donated.
2. One day blood donation camp was organized in the College Campus on 22/09/2017. Students and Staff of our College, Agriculture College, ITI and Local dignitaries participated in the event. 76 Units of blood were donated.
3. Students of the College and NCC officer Shri Niresh Kurre participated in the Blood donation Camp organized by Nagar Panchayat, Ambagarh Chowki on 19/10/2019.
4. Students of the College and NCC officer Shri Niresh Kurre participated in the Raktdan Shivar on 25/08/2021.

#### **Sickle Cell Anaemia Awareness and Testing**

One day Sickle Cell Anaemia awareness and testing camp was conducted in the College on 10/11/2017. This event was organized in collaboration with Team from Science College, Rajnandgaon. In this event 160 people were tested for symptoms of the Sickle Cell anaemia. Participants were provided with refreshments after the event.

### **COVID-19 Awareness and Vaccination Camp**

A team of Doctors and health workers from Government hospital were invited on 23/03/2021 to the college and delivered talk on Covid-19 virus and its prevention. The medical team also vaccinated college staff, students and community members.

#### D. Evidence of Success

Blood donation camps are a regular feature of College extension activity and also help in raising awareness about the importance of Blood donation to save life. Local people often in need of blood approach the college and get blood from the Government Hospital Blood bank from the LCS College quota.

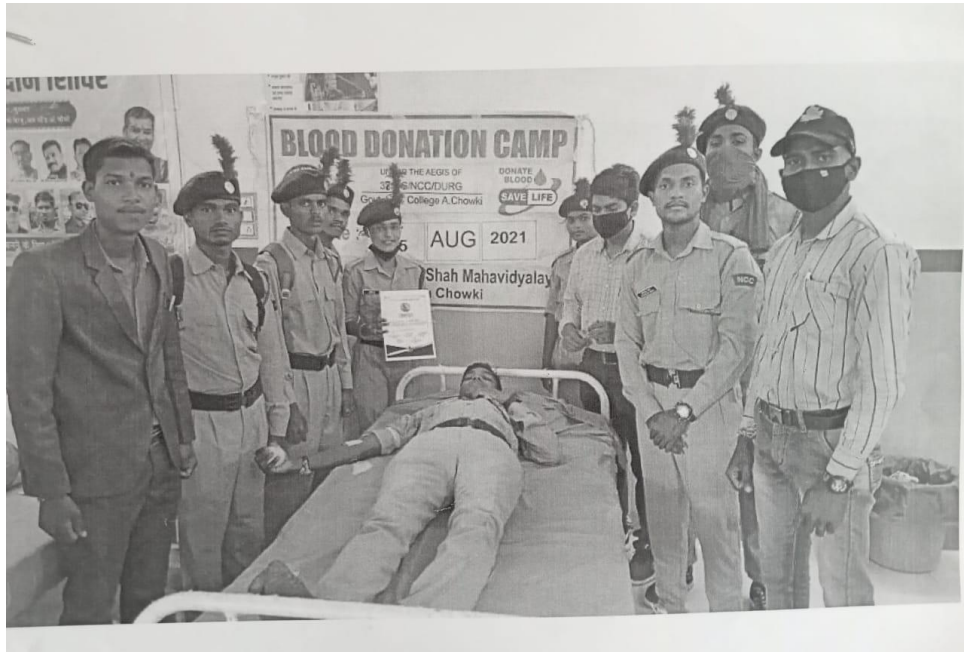
Sickle Cell anemia has wide prevalence among the tribal population, how ever most people are unaware of this often resulting in health issues especially in Children. In a total of 160 people tested 9 people showed symptoms of Sickle Cell anaemia. These people were given counseling and were referred to the Local hospital for further medical consultations.

College staff and students gained valuable information about Covid-19 virus infection, symptoms, disease prevention and vaccination. More than 20 people were successfully vaccinated with First dose of Covid-19 vaccine.

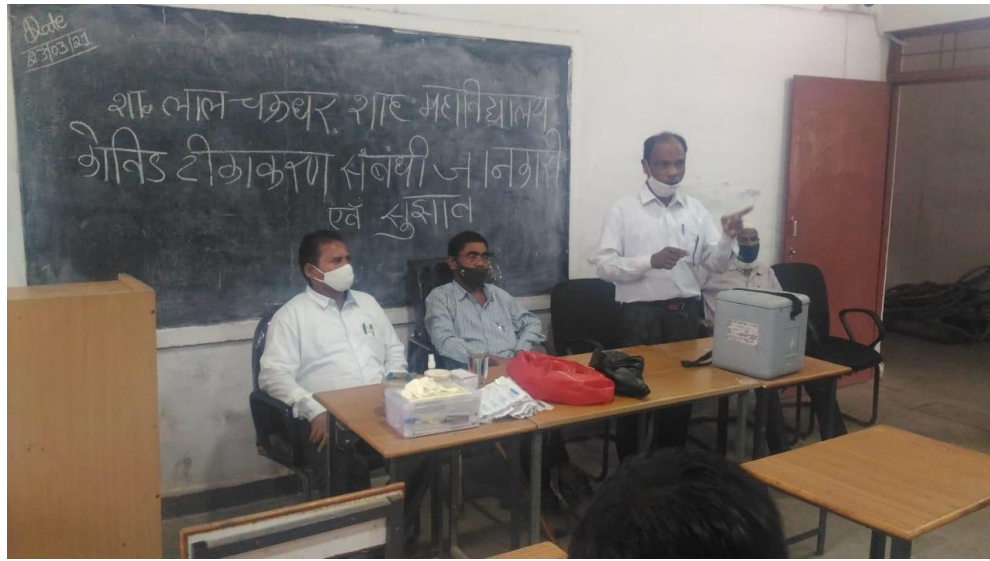
#### E. Resources: LCS College, Ambagarh Chowki

#### F. Institution and Contact Person: Dr KR Mandavi, Principal

Government LCS College Ambagarh Chowki



Blood Donation Camps



Covid-19 Awareness and Vaccination Program



Sickle Cell Anaemia Testing Camp

## BEST PRACTICE -2

### A. Objective of the Practice

To provide Community Service by providing college infrastructure and facilities

### B. Context

A number of community events are organized by various social organizations. These events require infrastructure and support facilities often beyond the means and resources of the organizers. Government Lal Chakradhar Shah is one of oldest institutions in Ambagarh Chowki with an area of 9.5 acres and ample resources to support College activities. The College management has a policy of Social responsibility and Social Service. In accordance with this policy the college has always taken a positive approach towards fulfilling its social responsibilities and obligations. The College has its own Guest house, Play ground and vacant land and the other resources which are provided for various social, cultural and sports events.

### C. The Practice

During last five years the College has provided its infrastructure facilities and resources for some the following events.

Sports Items are regularly provided to the Local youth club during Cricket tournaments. Cricket Bats, Balls, Stumps and Mat were issued to the Youth Club for organization of Cricket tournaments on 23/12/2017, 25/12/2019 and 2/2/2020.

College Ground was provided for organization of Local Fair on 08/11/2021

College Guest house and Sports ground was provided for organization of Bhagvat Gita Gyan Yagya Saptah from 31 December 2020 to 6 January 2021.

College Sports ground was provided for organization of Christian Community Function from 10 to 12 May 2022.

### D. Evidence

With the support of College, the above mentioned events were organized successfully.

E. Resources

College ground, Guesthouse and sports facilities

F. Institution and Contact Person: Dr KR Mandavi, Principal  
Government LCS College, Ambagarh  
Chowki, Rajnandgaon



Bhagwat Gita Gyan Saptah



Mandai Mela Fair



Christian Community Function