



## **MORDHWAJ SONWANI**

SPORTS OFFICER [HOD]

DEPARTMENT OF SPORTS

GOVT. L.C.S. COLLEGE AMBAGARH CHOWKI(C.G.)

**D.O.J.-** 27/10/2021

**D.O.B.-** 15/01/1990

**MOB-** 9770184951

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### **EDUCATIONAL QUALIFICATION:-**

- Bachelor of Art's(Pt.R.S.U.Raipur)
- Bachelor of Physical Education(Pt.R.S.U.Raipur)
- Master of Physical Education(Pt.R.S.U.Raipur)8th Rank In University
- Diploma in Sports Coaching "Cricket"(NS National Institute of Sports in Patiala Punjab) Fourth Person of Chhattisgarh
- PG Diploma in Yoga(H.Y.U. Durg)
- M.A. Philosophy & Yoga(Pt.R.S.U.Raipur)
- CG SET(Physical Education)-2017, 2018
- UGC NET(Physical Education)-2018, 2019
- Ph.D. - Pursuing(Pt.R.S.U.Raipur)

### **SPORTS ACHIEVEMENT:-**

- As a Player Represented 5 Times In Inter University National Competition.
- As a Player Represented 2 Times In All India University National Competition.
- As a Player Represented 10 Times In C.G.Govt. State Level Competition.
- As a Player Represented 4 Times In Open National Competition(Nepal).
- Served 6 times in Inter University and All India University National Competitions as a Coach and Manager.

### **TEACHING EXPERIENCE:-**

- Working as a Assistant Professor Guest faculty in Govt. DB Girls P.G. College Raipur.(January 2018-March 2019)
- Working as a Physical Edu. & Sports Teacher in Garhwa Govt. Of Jharkhand.(June 2019- September 2021)
- Working as a Physical Edu. & Sports Teacher in Bemetara Govt. Of Chhattisgarh.(September 2021- October 2021)
- Working as a Sports Officer in Govt. L.C.S. College Ambagarh Chowki Govt. Of Chhattisgarh.(October 2021 to till Date)

## **NATIONAL WORKSHOP/CONFERENCE PARTICIPATION:-**

- Exercise And Hypokinetic Problems in Modern Day.( Pt. R. S. U. Raipur 2013)
- Yoga For Advanced Life (Pt. R. S. U. Raipur 2018)
- Sub Theme: Application of Parametric & Non-Parametric Techniques.(Pt. R. S. U. Raipur 2019)
- UGC-Sponsored workshop in Leadership Development Program.(Pt. R. S. U. Raipur 2022)

## **INTERNATIONAL WORKSHOP/CONFERENCE PARTICIPATION:-**

- Global Excellence in Fitness and Sports Science.(JECRC University Jaipur 2015)
- Yoga and Wellness.(JECRC University Jaipur 2015)

## **RESEARCH PUBLICATIONS:-**

- Dr. Vivek Mishra and Mordhwaj Sonwani (2019 Nagpur) International Multidisciplinary Research Journal "A Comparative Study Of Positive Mental Health Between Male and Female Teaching Faculty of College in Chhattisgarh"

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